

# SIX in a ROW!

**Objective:** Players attempt to be the first person to cover six squares in a row or diagonally.

**Equipment :** **SIX In a ROW** game board *per player*, 2 playing dice, game chips, 2 identical plastic bottles for flipping, 1 laundry basket or similar receptacle, 2 identical light-weight balls or rolled-up socks to shoot into receptacle

**To begin:** Each player rolls the dice. The player with the highest number goes first. Play continues clockwise.

**Game Play:** Roll the dice *one at a time*. The first die represents the column (up and down) and the second die represents the row (left to right). Therefore, if your first roll is a six and your second roll is a four, you would go down six then over four to find the correct square. *Roll again if a square is already covered with a game chip.*

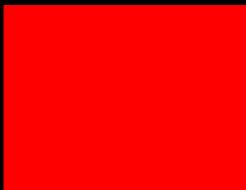
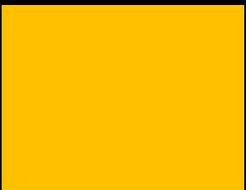
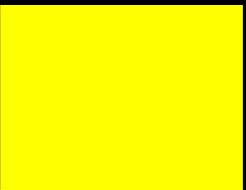
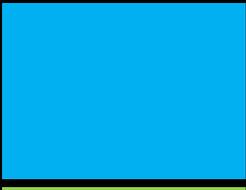
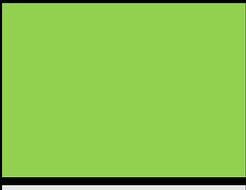
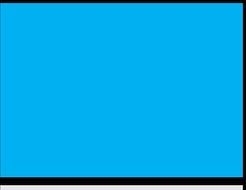
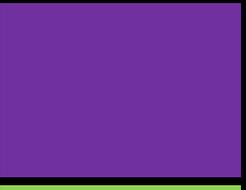
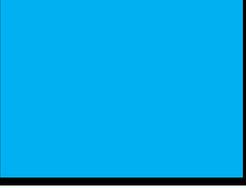
- **Landing on a color:** When you land on a color, do the assigned exercise, before placing a game chip over the color.
- **Landing on a challenge icon:** There are four different challenge icons on each board. Landing on a challenge icon means a player can *only* earn the square if she defeats the player to her left while performing the icon's assigned challenge. *Only the player who wins the challenge places game chip over the square.*

The first player to cover six squares in a row or diagonally wins the game.

COLOR	EXERCISES
	10 Jumping Jacks
	5 Burpees
	3 Push-ups
	20 Second Plank
	10 Squats
	10 Arm Circles

CHALLENGE ICON	CHALLENGE
	A player who lands on a challenge icon competes against the player to the immediate left. The winner earns the square.
	<b>ROCK, PAPER, SCISSORS</b> Play rock, paper, scissors with the player to your left. The player who wins two out of three earns the square.
	<b>TRASHKETBALL</b> You and the player to your left stand side-by-side 8-10 feet from the basket. The first player to score 3 baskets earns the square.
	<b>FIRST to ROLL 20 or MORE</b> You and the player to your left each <i>take turns</i> rolling one die. The first to roll 20 or more points earns the square.
	<b>BOTTLE FLIP</b> You and the player to your left take turns flipping your bottle. The first to land the bottle 3 times earns the square.

# SIX in a ROW!

	1	2	3	4	5	6
1						
2						
3						
4						
5						
6						

# SIX in a ROW Game Chips

If needed, print and cut out the game chips below.

